



Welcome to ILCT's Coaching Millennials through Their Quarter-Life Crisis Course. We are so pleased that you have chosen to join us on your journey to become a professional life coach. The following provides some guidelines and hints to make your learning experience enjoyable and rich.

Before Your Class

Before the course begins, course materials (if there are any) will be available on your Student Library page. If you already have a Student Library page set up, please access it to find them. If you do not already have a Student Library page set up, you will receive an email from Amy Jones amy@lifecoachtraining.com with instructions for accessing your page. You can also contact Amy if you have any problems with the Student Library.

You will receive a roster, providing the names and contact information of your instructors, fellow students, as well as the call-in information and access code for your class three days before the class begins. Please save this file, sent to you from kelly@lifecoachtraining.com so you will have that information.

If you have not received the above items two days before the class begins, please contact Amy or Kelly directly.

How the ILCT Webinar Classes Work

- This class will be conducted in webinar format. You will need a computer with a reliable internet connection in order to attend.
- To connect to class audio, you may use your computers speakers and microphone. You may also use use a land line or cell phone to call into the class; however, if the method creates interference, you will be asked to place yourself on mute or hang up and dial back into the call. Please do your best to be in a quiet environment during the class.
- Shortly before classtime, make sure that you are connected to the online meeting using the link that will be provided to you (on your class roster).
- We encourage you to set aside the time for this class, to be in a quiet environment, and to minimize distractions for your benefit, and that of the entire group. You are expected to be there for the entire scheduled time in order to receive credit.

Enjoy your learning experience and if you have any questions or concerns, please don't hesitate to contact us.

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